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| Chicken & Chorizo Pasta Bake | Chicken Tikka Curry with Naan | Fish and Chips | Roast Chicken Dinner, Stuffing Balls | Meatballs with a Spicy Tomato Sauce | Cumberland Sausages with Onion Gravy | Chilli Con Carne with Rice and Nachos | Fish and Chips | Roast Gammon with Gravy & Yorkshire Pudding | Butter Chicken Curry with Rice & Naan | Sweet & Sour Chicken Noodles | Beef Lasagne | Fish and Chips | Roast Turkey with Stuffing Balls & Chipolata | Beef Bolognese with Penne Pasta |
| Macaroni Cheese Garlic & Herb Bread | Chickpea & Spinach Biryani | Broccoli & Stilton Quiche | Quorn & Vegetable Filo Pie | Mushroom Risotto | Quorn Sausage with onion Gravy | Three Bean Chilli | Roasted Pepper & Red Onion Filo Tart | Roast Quorn Fillet Dinner | Pasta with Tomato & basil Sauce | Broccoli and Cheese Pasta Bake | Roasted Vegetable Lasagne | Mixed Pepper Frittata | Roasted Vegetable Tart | Stir Fried Vegetables with Sweet Chilli Noodles |

WK1

WK2

WK3

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| Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese | Jacket Potato - Beans, Tuna or cheese |
| Ham and Cheese Flatbread | Beef Burger in a Bun | Chicken and Chips | Cheese Pizza | Chicken Wraps | Ham and Cheese Flatbread | Jumbo Hotdog | Chicken and Chips | Cheese Pizza | Chicken Wraps | Ham and Cheese Flatbread | Beef Burger in a Bun | Chicken and Chips | Cheese Pizza | Chicken Wraps |
| BBQ Chicken Wraps | Tomato and Basil Pasta | Sausage and Chips | Meat Pizza | Quorn Dipper Wraps | Tikka Chicken Wraps | Thai Style Veg Noodles | Fishcake /Salmon Fishcake and Chips | Meat Pizza | Quorn Dipper Wraps | Sweet Chilli Chicken and Cheese Wraps | Arrabiata Sauce with Pasta | Sausage and Chips | Meat Pizza | Quorn Dipper Wraps |