

GUIDANCE FOR STUDENTS – DISTANCE LEARNING



IF THE SCHOOL IS CLOSED, OUR LEARNING CONTINUES.

Staff will continue to set work and as students, you are expected to complete the tasks set and adhere to the deadlines.

STUDENTS ROLES & RESPONSIBILITIES

- Your teachers will set work for you on Show My Homework for the day ahead. We would expect you to complete your work between 9:00am and 3:00pm, following your regular school timetable for the day.
- Identify a comfortable, quiet space in your home where you can work effectively and successfully. Make sure this isn't somewhere like your bedroom to help you get into the mindset of having a "work" space, and a "personal" space that are different.
- Complete assignments with integrity and academic honesty, doing your best work.
- Tell your teachers straight away if you cannot meet deadlines or require additional help.
- Make sure you have breaks and lunchtimes planned during the day, and that you take regular short breaks to get up and walk around, away from any screens.
- Collaborate and support other students in their learning.
- Comply with Abbeyfield's e-Safety policies, including expectations for online etiquette. You should not attempt to interfere with other student's learning by being silly or disruptive on the internet based learning tools.

MONDAY TO FRIDAY - YOU SHOULD...

- Check Show My Homework or email at the beginning of the day to see what work you have been set. Check at least twice a day for any updates. Talk to your parents about what you have been asked to do.
- Follow the directions to complete the tasks set to the deadlines. Show My Homework will say when and how you should submit your work to teachers.
- If you have any questions about your work, you may ask your via email. Your teachers will only respond during the normal school day - you cannot expect them to be available at all times or during the weekend to help you.

LOOK AFTER YOURSELF

- Eat well, and drink lots of water
- Take regular short breaks away from the screen, but set a timer so you don't get distracted for too long!
- Sleep well - your brain will need to recharge overnight, so avoid any screens in the hour before you go to bed.

